

## From the Pastor...

As we slowly emerge from the cold and snow of winter, some of us are good and ready for spring and summer to finally arrive

This May we're launching into a new sermon series called *Soul Reset: Breakdown, Breakthrough, and the Journey to Wholeness*. It seems appropriate to address this topic as some of us are feeling down from a long and difficult winter, some of us are experiencing or have been through clinical depression, some of us are looking for hope and renewal in the coming days.

Paired with the sermon series will be a series of spiritual practices you are invited to try out each day with the hopes that with your experiencing and experimenting with a variety of spiritual practices you might find something that you want to use in your life long term to help strengthen your connection with God and with your soul.

In conversations with some of the people who have been coming back to in-person worship after a long absence, it seems that now is the perfect time to hit the reset button and come back to worship, back to the church building, back to a relationship with God that may have dwindled lately.

"Reset" is a word we're all familiar with. We can reset our attitudes; we can reset a circuit breaker. We can reset our computers. We can reset our relationships, our clocks, our priorities. To reset is to move something back to an original place or position.

In the case of a factory reset, or hard reset, an electronic device—like a computer or cell phone—is restored to its original state. Old files are erased, allowing for a fresh start for the device. The clutter is cleared away.

As we anticipate the coming of spring, we can reset ourselves by clearing away the clutter of chronic busyness, fatigue, apathy and exhaustion. For those of us who are feeling parched and worn out, this season offers a new opportunity to reset our souls.

The month of May also brings our first Confirmation Sunday in three years. With our two-year confirmation program being interrupted in school year 2020-2021, we are just now coming to the end of this confirmation class of three students who have been studying together for the last two years. I hope you will take the opportunity to welcome them to our church on Sunday, May 21.

In the meantime, rest in these assuring words of Jesus: "Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest." (Matt. 11:28)

~ Pastor Holly

## May Celebrations

### Birthdays

- 5-7 Alex R.  
Taylor M.
- 5-19 Holly K.
- 5-25 Carole A.  
Gary G.  
Cathy W.
- 5-26 Jason V.
- 5-27 Ed K.
- 5-29 Peyton T.
- 5-30 Lucy K.

### Anniversaries

- 5-1 Andy & Shurene E.



## Goodies for College Kids

Our Tuesday Morning Prayer Group takes good care of our college students as they study hard. A couple of times each year they package up a variety of treats and send them off to college, vocational, technical, and graduate school students to help brighten their days and remind them that Jesus loves them and so does their church.

## A Gift to the City—

### An 'Early History of Wyoming' Sign

On Wednesday, April 26 we had an official dedication of the Early History of Wyoming Sign on the side of Wyoming Drug. Here's what was said at the dedication: "Pat had the dream of a sign for Wyoming. Neil Gatzow, Michelle Johnson and Stacey Saxe suggested the subject for each section. The artist, Michelle, took it from there. Curt Peterson of Curtis Peterson Construction with Neil's help, installed the "Early History of Wyoming" sign.

"Thanks to City Hall for support of the project. Thanks to Jim and Karen Garrison for the use of the wall of Wyoming Drug."



More pictures from Holy Humor Sunday coming soon to our website.

## Holy Humor Sunday

What a joy it was to celebrate the resurrection laugh on the Sunday after Easter—Holy Humor Sunday. People wore fun outfits to make others smile, the kids shared "Knock, Knock" jokes in the Children's Message, and we did our worship service completely out of order (even though the benediction was early in the service, we were told that we couldn't leave until everything was done)! It was a fun and joyous day of celebration!

## Easter Sunday

It was a joy to celebrate Jesus' resurrection in worship on Easter Sunday. Christ is risen! He is risen indeed! Thanks to all who helped with the behind-the-scenes work, including Denny and Tom who helped put together the Easter Breakfast and Jane who helped the kids with the Easter Egg Hunt. We're also grateful to Nancy who acted as communion steward for not only Easter, but Good Friday and Palm Sunday, too. Thanks to the Tuesday Morning Prayer Group who purchased and arranged the flowers for our Easter Garden and purchased our cut flowers for the flowering of the cross.



## Easter Eggs

As we prepared for a grand Easter Egg Hunt for our children on Easter Sunday, Jane helped get everything ready well in advance of the day. Thank you, Jane, for your loving care and hard work on behalf of our children!





## Unexpected Company Concert

Unexpected Company Chorale is excited to present "Heaven and Earth Sing!" concerts on Friday, May 19th at Chisago Lake Lutheran Church in Center City and Sunday, May 21st at Trinity Lutheran in Lindstrom. Tickets are \$10 and available at the door or through our website: ucchorale.org.

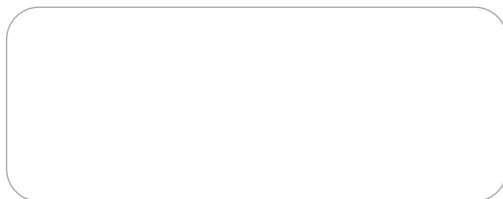
I will lift up mine eyes unto the hills,  
 from whence cometh my help. My help  
 cometh from the Lord, which made  
 heaven and earth. He  
 will not suffer thy  
 foot to be moved:  
 he that keepeth  
 thee will not  
 slumber.

Psalm 121:1-3 (KJV)



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# Wyoming United Methodist Church Messenger

May 2023



These Wyoming UMC volunteers packed 2160 meals!



WUMC raised \$1641.50 for March FoodShare

## FMSC Mobile Pack

On Saturday, April 22, eight people represented Wyoming United Methodist Church at the Forest Lake Hosanna Lutheran Church Mobile Pack for Feed My Starving Children (FMSC). Our packers were Jane R., Bea Z., Linda R., Jessica S., Chris S along with her granddaughter Lilly and sister-in-law Pam, and Dave F. Ninety others came to the packing event on Saturday morning and countless others packed meals on Wednesday, Thursday and Friday. The goal for the entire 4-day packing event was 200,000 meals.

The Saturday morning volunteers packed 113 boxes of Manna Packs, containing 24,418 meals which would feed 66 kids one meal a day for an entire year. Our group of 8 packed 10 boxes which equals 2160 meals.

Currently FMSC is shipping food to 70 countries around the world to children who are literally starving. Ninety percent of all donations go directly to feeding children and 99% of the food shipped gets to its intended destination thanks to partnerships with churches and non-profits in the affected areas. The cost for materials and shipping for the food our morning shift packed is over \$6000.

To date, our church has raised \$691 dollars to help pay for this important ministry. Thank you for your generosity!

## March Food Share

Thank you to everyone who donated to the March Food Share campaign. Together we raised \$1641.50 to help the local food shelf provide for local families in need. Well done, good and faithful servants!

## Worship Services in May

In May we will focus on resetting our souls as we enter into the sermon series *Soul Reset*. We'll talk about resetting our orientation from the busyness of this life to the soul-replenishing energy of life with Jesus. We'll invite one another to slow down and lean on Jesus as we ask for his help to transform our lives.

**May 7**  
 Soul Reset:  
 When Depression Hits  
 Psalm 42:3-11

**May 14**  
 Mother's Day  
 Soul Reset:  
 It's Not All on Me  
 Luke 10:38-42

**May 21**  
 Confirmation Sunday  
 Soul Reset:  
 Take Care of Yourself  
 1 Kings 19:5-9

**May 28**  
 Guest Preacher, Bea Zaruba



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